How to add existing project into GIT .

* Create a repository in GIT with the name of your local project.
* Open GIT bash and navigate to the folder where your local repository is saved
* Navigate inside your repository name
* git init (To initialize the git repository)
* git add . (to add all the files to the index)
* git add "file name" (to add each file individually)
* git commit -m "commit message"
* git branch -M main
* git remote add origin "URL of the GIT repository" .
* git push -u origin main

after this it will prompt to enter user name and password

if overwrite error occurs

* git push -f origin master